

## Cross-Cutting: Trauma-Informed Approach Initiatives

*Objective 6.2: Increase the proportion of MCH local agencies implementing trauma-informed approaches that support increased staff satisfaction and healthier work environments by 5% by 2025.*

### **Activities During Federal Fiscal Year 2023**

Child Resilience/Prevention Adverse Childhood Experiences (ACEs): MCH staff continued their partnerships with other state agencies and local grantees to prevent adverse childhood experiences and provide training opportunities on not only the impact that trauma and toxic stress has on a developing child's brain but to shine a light on how small, everyday encounters can build resiliency skills and create an environment where children can thrive. In the past year, the Title V System of Care Consultant was expected to become the second Title V staff required to maintain training competencies/certification in the [Connections Matter](#) curriculum. However, due to a vacancy in this position this training was not completed.

#### Local MCH Agencies:

The following are examples of how some of the local MCH grantee agencies have made progress toward objective 6.2 during the reporting period.

- Several home visitors from local MCH grantee agencies attended the webinar presented by Kansas Coalition Against Sexual and Domestic Violence titled "From ACEs to Promoting Positive Experiences".

#### **.6.2: Trauma-informed and hope-infused services**

Review the [Building and Maintaining a Resilient Team](#) guide for resources to help local MCH programs build strong teams that feel safe and supported.

Consider completing the [Culture of Wellness Organizational Self-Assessment](#) to determine opportunities to improve MCH program policies, procedures, practices, activities, services, and social and physical environments to reflect the characteristics of a wellness-focused organization.

Connect with the [Kansas Children's Service League](#) to participate in or host child abuse and neglect focused trainings, such as *Connections Matter in Early Childhood*, *Strong Families*, *Strong Businesses*, and *Strong Communities*, *Strengthening Families through Positive Connections*, and *Adverse Childhood Experiences (ACEs) and Resilience*.

- Resources for increasing trauma-informed and hope-infused services were included in the tailored resource documents disseminated to local MCH grantee agencies at the beginning of the grant year.

### **Plans for Federal Fiscal Year 2025**

Trauma and Recovery Workshop: The Title V team will provide regional Trauma Informed Care workshops for MCH home visitors and Kansas Perinatal Community Collaborative (KPCC) providers across the state. The workshop will be a trauma-informed and healing-centered approach using the principles of *When Survivors Give Birth: Understanding and Healing the Effects of Childhood Trauma*, and it will be for

MCH funded providers who provide baseline education during pregnancy, birth, and the postpartum period.